



Blue Heron Bar & Grill

HOT KITCHEN

Available Daily from 11am- 7pm

Chicken Wings 	\$18
Tossed in your choice of Hot, Korean Ginger, Salt & Pepper or Sweet Chili. Served with blue cheese dip	
Chicken & Pickles	\$17
Crispy battered chicken tossed in a sweet chili sauce, topped with pickles & served with peppercorn ranch	
Dim Sum **New!	\$17
Shrimp dumplings, BBQ pork bun, pork siu mai. Served with soy sauce & sriracha	
Poutine	\$15
Hand-cut kennebec potato, local cheese curds, house made gravy	
Broccolini Gomae **New!  	\$15
Charred broccolini, sesame dressing, crushed peanuts, sesame seeds	
Blue Heron Burger 	\$22
CAB beef, burger sauce, lettuce, tomato, pickles, cheddar cheese, smoked bacon, served on a soft brioche bun and comes with fries	
Beef Dip 	\$23
Mustard & coffee spiced beef roast, horseradish aioli, mozzarella cheese, crispy onions, soft pretzel baguette, served with au jus & fries	
Classic Caesar Salad  	\$14
Crisp romaine hearts, creamy caesar dressing, parmesan cheese, artisan croutons	
Quinoa Power Salad  	\$15
Red & white quinoa, avocado, grape tomatoes, cranberries, goat cheese, mixed greens, pumpkin seeds & maple paprika dressing	
Chopped Chicken Salad 	\$21
Crispy or Grilled chicken, avocado, grape tomatoes, crisp romaine & iceberg lettuce, cucumber, bacon, ranch dressing, crispy onions	
Wonton Soup	\$16
Handmade pork dumplings, rich sesame broth, carrots, sui choy, green onions	
Classic Eggs 	\$17
2 eggs any style, Multigrain or Sourdough toast, homestyle potatoes & your choice of Bacon, Ham or Sausage. Served with homestyle potatoes	
Waffles	\$18
Belgian style waffle, whipped cream, maple syrup, berry compote. Served with Bacon, Ham or Sausage	

FROM THE CASE

Pesto Chicken Sandwich 	\$17
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Marinated grilled chicken, pesto aioli, arugula, tomato, smoked bacon, brie cheese, served on a ciabatta baguette

Roasted Turkey Sandwich 	\$12
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Oven roasted turkey, cranberry aioli, mixed greens, roma tomato, cheddar cheese, served on a fresh baked croissant

Prosciutto & Fig Sandwich **New! 	\$15
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Thinly sliced prosciutto, fig spread, arugula, provolone cheese, roma tomato. Served on a ciabatta baguette

Philly Cheesesteak Sandwich **New! 	\$18
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Top Sirloin Steak, Montreal steak spiced, caramelized onions, banana peppers, provolone cheese, served on a soft pretzel baguette

Truffle Mushroom Flatbread  	\$20
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Goat cheese, confit garlic, fior di latte, roasted mushroom, honey, truffle oil, fresh herbs

Mortadella Flatbread **New! 	\$22
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Pesto aioli, fior di latte cheese, olive oil, arugula, crushed pistachios

Italian Flatbread 	\$23
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Rich marinara sauce, calabrese, prosciutto, fior di latte, roasted garlic, sesame seeds, chili honey, fresh herbs

Daily Quiche	\$12
Spicy Sausage Rolls	\$4
Locally Made Scones	\$4
Breakfast Wrap	\$13
Sous Vide Egg Bites	\$4
Egg w/ Sausage or Bacon	\$8
Fresh Baked Cookies	\$4
Fresh Baked Muffins	\$4
Chicken Samosa	\$7
Banana Loaf	\$4
Maccaroons	\$3.50

Soup of the Day	\$10
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Chef's daily creation, served with focaccia, please ask your server

Available Gluten Free 

Gluten Free  Vegetarian 

PLEASE ADVISE YOUR SERVER OF ANY DIETARY CONCERN OR REQUESTS
ALL APPLICABLE TAXES & GRATUITY ARE NOT INCLUDED